

Gluten Free Menu

Buffalo Wings

With bleu cheese dressing for dipping.
\$7.95

Tri-Color Nachos

Tri-color corn chips topped with cheese, tomatoes, sour cream, guacamole and fresh made salsa.
\$7.95

Chips and Salsa

\$4.25

MPHouse Salad

Tossed baby greens with pignoles, crumbled bleu cheese & lemon-basil vinaigrette.
\$6.75 Petite ~ \$5.00

All salads served without
croutons or ciabatta rolls.

Mojo Chicken Cobb Salad

With tomato-ranch dressing on the side.
\$10.50

Wild Salmon Caesar

Broiled or blackened fillet atop tossed crisp romaine & creamy Caesar dressing.
\$12.75 Petite ~ \$10.00

Calypso Chicken

Marinated with island spices; served with rice pilaf & grilled banana chutney.
\$14.00

Pork Shank

Braised with onion, oregano, cumin, tomato & annato paste.
\$15.00

Shepherd's Pie

*Featuring braised, diced lamb & au jus
topped with herb mashed potatoes & cheeses;
served with a garden salad.*
\$12.00

Grilled Shrimp

With tamarind, cilantro & garlic sauce; served with rice pilaf.
\$17.00



American Classics & Worldwide Favorites

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